



TCHEQUIE TOUR

WELLNESS CENTRES AND SPAS IN THE HEALTH RESORTS OF WEST BOHEMIA

RELAXATION AND REGENERATION, FACE AND BODY CARE

The Czech Republic is well known for its traditional spa culture. West Bohemia is a region with the most significant concentration of natural sources of healing mineral water. Three spa towns make up the famous "spa triangle"; these towns are known by their German names: Karlsbad – Karlovy Vary, Marienbad – Mariánské Lázně and Franzenbad – Františkovy Lázně. These three cities applied together for inscription to the UNESCO's cultural heritage list. It is possible to combine a stay in a spa town with a weekend in Prague.

We recommend this destination to active adults and seniors who will enjoy hiking in the surrounding countryside, and who will appreciate both the cultural experiences and the traditional spa architecture.



**RELAXATION AND
PLEASURE OF THE SENSES**



HOTEL FLORA 3*

Location: city centre – spa area, nearby the main Colonnade

Wellness and restoration: Health and beauty spa services are provided by the qualified staff – massages, baths; the hotel is equipped with an infra-red sauna, 4x9 m swimming pool with counter current, beauty salon, manicure, pedicure, 2 restaurants, coffee shop and wine bar with terrace and a view of the town. For more information, visit: www.hotelflora-ml.cz/index.php/cs/



THE WELLNESS PACKAGE INCLUDES:

- 1 welcome drink
- Services of an English speaking guide, guided tour in the city centre (2h), city plan
- 5 nights in the hotel with half-board, buffet breakfast and three-course dinner, selection of 4 main courses, salad bar
- 1 coffee with dessert at the panoramic café
- 2 spa treatments/day (classical or aromatic massage, Kneipp treatment with hot and cold water, bubble bath, paraffin wraps, etc.)

- Free access to the swimming pool
- 20 % discount on the additional treatments
- Free access to the internet corner, Wi-Fi is available in the entire hotel
- Spa tax

Starting from
**273 €/ person in
a double room**



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WELLNESS CENTRES AND SPAS IN THE HEALTH RESORTS OF WEST BOHEMIA

HOTEL HVĚZDA 4*

Location: city centre – spa area, nearby the main Colonnade

Wellness and restoration: the biggest spa pool in the city (18x8 m) with water attractions, jacuzzi, 2 saunas, steam bath, salt cave, tepidarium with heated walls; the wellness proposes a vast scale of medical treatments and remedies (massages, wraps, baths etc.), and offers professional guidance from medical staff and qualified staff; 2 restaurants, café, lobby bar, cultural programs and animation, dancing evenings, programs for kids etc.

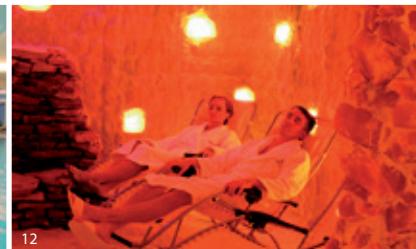
For more information, visit:
www.danubiushotels.cz/vybrat-hotel-marianske-lazne/danubius-health-spa-resort-hvezda-skalnik

THE WELLNESS PACKAGE INCLUDES:

- 1 welcome drink
- Welcome by an English speaking guide, guided tour in the city centre (2h), city plan
- 5 nights in the hotel with half-board, buffet breakfast and extensive dinner buffet, salad bar
- Entry and final medical examination
- Drinking cure (unlimited mineral water from the natural springs)

- 2 spa treatments/day (mineral bath, mud wraps, massages, oxygen therapy etc.)
- Access to the immense swimming pool and aquatic centre with a jacuzzi, steam bath, tepidarium
- Access to the Roman spa with 3 pools and a gym situated in the neighbouring buildings connected with covered corridors
- Advantage and discount card, Internet corner, Wi-Fi connection, regular conferences, cultural program and animations
- Spa tax

Starting from
434 €/ person in
a double room



HOTEL NOVÉ LÁZNĚ *

Location: city centre – spa area, nearby the main Colonnade

Wellness and restoration: Roman spa with 3 swimming pools with counter current, original Imperial and Royal cabin, original balneotherapy with mineral bath and dry carbon dioxide bath, wraps, massages, cryosauna, samarium, Kneipp foot bath, steam bath, jacuzzi, solarium, vitasalin, beauty salon, laser clinic, medical consultations, restaurants, lobby bars, café, library, etc.

For more information, visit:
www.danubiushotels.cz/vybrat-hotel-marianske-lazne/danubius-health-spa-resort-nove-lazne

THE WELLNESS PACKAGE INCLUDES:

- 1 welcome drink
- Welcome by an English speaking guide, guided tour in the city centre (2h), city plan
- 5 nights in the hotel with half-board, buffet breakfast and extensive dinner buffet, salad bar
- Entry and final medical examination
- Drinking cure (unlimited mineral water from the natural springs)

- 2 spa treatments/day according to the recommendations (mineral baths, mud wraps, massages, oxygen therapy etc.)

- Free access to the Roman spa and 3 swimming pools with counter current, jacuzzi, sauna, samarium, steam bath and Kneipp therapy
- Free access to the fitness centre and aquatic centres situated in the neighbouring hotels connected with covered corridors
- Advantage and discount card, 2 Internet corners, Wi-Fi connection
- Regular conferences, cultural program and animation
- Spa tax

Starting from
529 €/ person in
a double room



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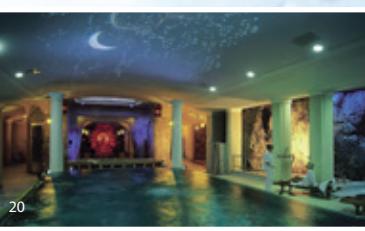
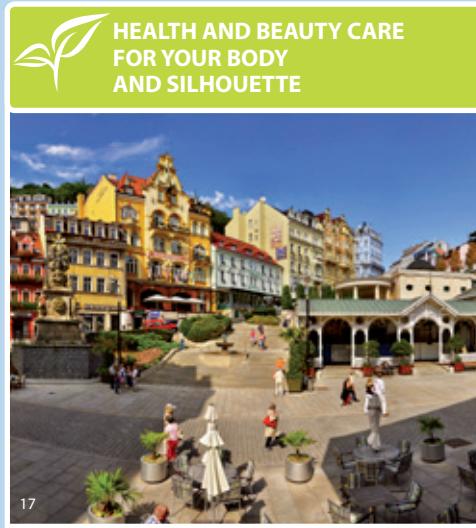
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KARLOVY VARY (KARLSBAD)

We recommend this destination to active adults who are seeking a dynamic and energetic spa town with a large scale of spa services and shopping opportunities.



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 **HEALTH AND BEAUTY CARE
FOR YOUR BODY
AND SILHOUETTE**

HOTEL JESSENIUS 3*

Location: city centre – spa area, nearby the colonnades and promenades

Wellness and restoration: health spa services including balneotherapy and a scale of wellness treatments (massages, mineral bath, drinking cure, inhalation, thermotherapy etc.) The hotel has 2 restaurants and a summer terrace and is located close to the historical monuments, cultural events and shopping streets.

For more information, visit:
www.hoteljessenius.cz/

THE WELLNESS PACKAGE INCLUDES:

- 1 welcome drink
- Welcome by an English speaking guide, guided tour in the city centre (2h), city plan
- 5 nights in the hotel with half-board, buffet breakfast and 3 course dinner with coffee and dessert
- 1 thermal bath, 1 herbal bath and 1 bubble bath
- 1 aromatic back massage and a neck rub, 1 foot reflexology massage or an aromatic face massage, 1 hot stone massage
- 20 % discount on the additional treatments

- Access to the indoor swimming pool (7x4 m) with counter current, between 7.00 and 14.00
- Free Wi-Fi connection, entrance to the Museum of Jan Becher (guided tour in English)
- Spa tax

Starting from
**298 €/ person in
a double room**



HOTEL ANGLICKÝ DVŮR 4*

Location: city centre – spa area, nearby the colonnades and promenades

Wellness and restoration: modern installations (2013) enabling spa treatments like hydrotherapy, massages, electrotherapy, Finnish sauna, Turkish sauna, medical consultations, with a beauty salon and library. The hotel is situated close to the historical monuments, cultural events and shopping streets.

For more information, visit:
www.anglickydvur.com/

THE WELLNESS PACKAGE INCLUDES:

- 1 welcome drink
- Welcome by an English speaking guide, guided tour in the city centre (2h), city plan
- 5 nights in the hotel with half-board, buffet breakfast and dinner buffet with the possibility to choose from 5 main courses

- 2 spa treatments/day (bubble bath, classic massage, aromatic bath, oxygen therapy, inhalation)
- Access to the Finnish and Turkish sauna
- Free Internet connection, Wi-Fi
- Spa tax

Starting from
**320 €/ person in
a double room**



FRANTIŠKOVY LÁZNĚ (FRANZENBAD)

We recommend this destination to adults and seniors who are looking for a stay in a quiet environment, relaxation and a town with an intimate and friendly atmosphere.



BENEFITS OF THE MINERAL WATER AND FRESH AIR



WELLNESS CENTRES AND SPAS IN THE HEALTH RESORTS OF WEST BOHEMIA

HOTEL PAWLIK 4*

Location: city centre – spa area, which is connected with the aquapark Aquaforum
Wellness and restoration: a big hotel complex which is connected with the aquapark and water area with the surface of 1 570 m², 3 indoor and 2 outdoor swimming pools, jacuzzi, beauty salon, manicure, pedicure, imperial spa with a large scale of the cures, restaurant, bar, café, summer terrace with barbecue, garden, cultural events, concerts, dancing evenings etc.

For more information, visit:
www.franzensbad.cz/cs/hotel-pawlak

THE WELLNESS PACKAGE INCLUDES:

- 1 welcome drink
- Welcome by an English speaking guide, guided tour in the city centre (2h), city plan
- 4 nights in the hotel with half-board, buffet breakfast and dinner buffet (package is valid from Sunday till Thursday, other days on request), comfort room
- 4 spa treatments (hot stone massage, jacuzzi and bubble bath, paraffin wraps)
- Unlimited access to the aquapark Aqauforum (5 pools, toboggans, sauna, jacuzzi)
- Free entrance to the dancing evenings in one of the hotels
- Free or discounted entrance to the cultural events
- Access to the mini golf during the season
- Spa tax

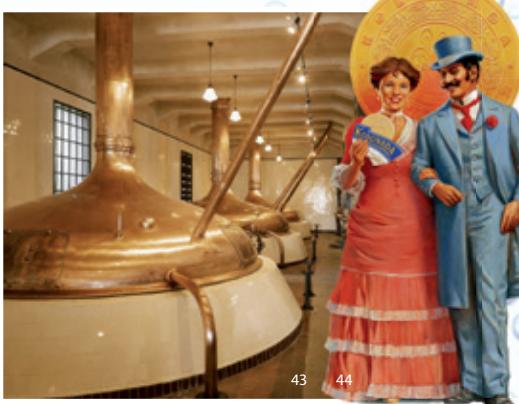
Starting from
254 € per person
in a double room



OTHER SPA TREATMENTS AND ACTIVITIES ON REQUEST

- Full body or partial classical massage, underwater massage, foot reflexology massage
- Hot stone massage, Indian, Chinese, Thai, chocolate or honey massage, manual and Dorn therapy
- Steam bath, floating therapy, sauna, salt cave, solarium, light therapy, infra-red sauna
- Mineral bath with sea salt, herbal bath, beer bath, gas bath, bubble bath, hydrotherapy, water jets, Kneipp foot cure with hot and cold water
- Drinking cure (unlimited mineral water from the natural springs)
- Facial mask, peeling, manicure, pedicure, hairdressing salon, beauty salon, make-up, cosmetic medicine, laser centre

- Therapeutic physical exercises, exercises in the swimming pool, over ball exercising, yoga, Nordic walking, golf
- Mud packs, peat wrap, paraffin wrap
- Cupping therapy, lymphatic drainage, inhalation, electrotherapy, aromatherapy, magnetotherapy, oxygen therapy, cryotherapy, ultrasonic baths
- 1, 2 or 3 weeks long medical therapy on request



EXCURSIONS INTO THE SURROUNDING AREA

- Plzeň (Pilsen), the town of the famous beer, visit of the well-known brewery, degustation included
- Visit of the reliquary of St. Maurus in Bečov nad Teplou
- Medieval castle in a charming village of Loket
- Villages Doubrava and Nový Drahov are listed as historical monuments, especially due to the timbered houses and charming restaurants

- There is a Roman castle of Frederick Barbarossa in the Medieval city of Cheb
- SOOS National Nature Reserve and the Kladská peat bog national reserve
- Premonstratensian monastery in Teplá, Abbey of Nový Dvůr
- Spa town and Empire Chateau Kynžvart
- The Ore Mountains, The Jesenice Dam, Skalka and Big America



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